



























More digital planning goodies – [makebreaks.com](https://makebreaks.com)

# Help

Thank you for downloading our digital notebook. If you have used a digital notebook or planner before, you will know what to do. However, if you are new to digital planning and notetaking, check out our tutorial here – Digital Notebook Get Started (<https://makebreaks.com/how-to-set-up-your-free-digital-notebook-in-goodnotes/>).

## Quick Tips

TO NAVIGATE THE NOTEBOOK – remember to select the 'no pen' icon to move between pages –



TO EDIT TEXT – tap and hold on text and select 'edit'.

TO COPY TEXT – tap and hold on text, select 'edit' then tap and hold again and select 'select all'. Then choose the 'copy' option